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Valentine’s Dinner Date with Friends
Eggs-travaganza and Dance
Tacos and Tunes
The Music Man at Chanhassen Dinner Theatre

A Community Education Program supported by the Hopkins, Minnetonka, St. Louis Park & Wayzata School Districts.
Welcome

Change is in the air at Project SOAR with a new Program Manager! I came to Project SOAR at the end of September and I am thrilled to be here to enjoy our program experiences with all of you. I am also excited to build on our existing programs and create new programs. I also want to say a big THANKS to Mercedes for all of her work as the Project SOAR Program Manager.

Project SOAR is prepared for a winter storm of fun. Discover new ways to learn, experience, socialize and thrive with our program selections for this season. Resolve to be a happy and healthier you this year with our new fitness classes. Fitness classes designed to make you feel like you aren’t even working out. Exercise your brain too and learn new skills, information, techniques and improve upon what you already know.

New this winter, show your Project SOAR participation by collecting Project SOAR pins. As you attend select classes and events, you can collect unique pins. Select classes, programs, trips and events will give out a Project SOAR pin to all participants. Find the pin symbol by the class for guaranteed pins handed out at the program but also know there are mystery pin opportunities that aren’t advertised in the catalog. For every ten pins you collect, send us a photo of your pins and you will get a prize! There will be 13 pin opportunities for each catalog. Who will collect the most? Will it be you?

Come and experience Project SOAR this winter and spring. We have something for everyone. Learn, experience, socialize and thrive the Project SOAR way.

Lindsay Richins, Program Manager
Lindsay.Richins@minnetonkaschools.org
952-401-6898
www.projectsoarmn.org

What is Project SOAR?
Project SOAR is a Community Education program that provides social, enrichment and recreational programming for adults with developmental, sensory, cognitive and physical disabilities. The program is designed to enhance community involvement and promote lifelong learning for adults with disabilities. Project SOAR’s classes and activities provide lifelong learning and are specially designed and adapted to individual abilities.

Our Mission
Project SOAR is committed to empowering adults with disabilities in their efforts to participate in community education programs and services.

Get Involved with Project SOAR

DONATE YOUR TIME AND EXPERIENCE
Volunteer with Project SOAR and assist with classes, activities, and events.

DONATE SUPPLIES/MATERIALS
Donate supplies and/or materials for Project SOAR classes.

DONATE FINANCIALLY
We welcome financial donations of any amount. Your financial gift will provide individuals with financial needs access to Project SOAR classes/activities.

TEACH & SHARE
Do you have a special talent or hobby, a passion for arts/crafts, cooking or sewing? Project SOAR is seeking caring individuals to instruct classes. Hours and days are flexible (work as little as a few hours per month); training provided. Contact the Program Manager for more information about becoming a Project SOAR volunteer or instructor.

TUITION ASSISTANCE
Project SOAR has tuition assistance available for qualified participants. For more information, or to apply, please visit our website at www.projectsoarmn.org, or call us at (952) 401-6898.

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Painting with Partners
Howdy Partner! Enjoy a night of relaxing painting with friends. In this class each participant will paint two canvases that create one whole picture, then exchange one of their paintings with a partner. Building upon the concept that individually we are unique and together we create one magical world. Grab a friend or meet one in class!

20ART25 $15/Participant/Staff
Tuesday, January 28, 2020 6:30-8 p.m.
Lenox Community Center • Cafeteria Instructor: Staff

Rosy Wreath
Make any door dressed for Valentine's Day with these Rosy Wreaths. Combine hearts, flowers and ribbons to make a colorful and cheery creation! Ideal to hang in a place you love!

20ART17 $19/Participant
Wednesday, January 29, 2020 6:30-8 p.m.
MCEC • 205 Instructor: Virginia

Cupid's Valentine's Crafteganza (pin)
Love Crafts? How about an entire night of crafts dedicated to a holiday about love! Rotate between multiple stations and create many different designs. Let Cupid show you how to prepare for Valentine's Day.

20ART16 $25/Participant
Tuesday, February 4, 2020 6-8 p.m.
Lenox Community Center • Cafeteria Instructor: Staff

Fuzzy Fleece Heart Pillows
Brighten up your living room or bedroom with this colorful creation! DIY a cozy heart shaped pillow. Our no-sew design is easy to do and lots of fun! We will use fleece to tie our design.

20ART19 $19/Participant
Thursday, February 13, 2020 6:30-8:00 p.m.
MCEC • 205 Instructor: Diane

Luck of the Leprechaun Make and Takes
Gather together to decorate four St. Patrick’s Day inspired crafts and sweets. They are worth their weight in gold and will definitely make your day shine brighter than a rainbow.

20ART22 $22/Participant
Monday, March 2, 2020 6-8 p.m.
Lenox Community Center • Cafeteria Instructor: Staff
Rainbow Tie Dye Totes
Do pots of gold appear at the end of DIY rainbows? Let's find out by tie dying canvas totes in a rainbow of color to celebrate St. Patrick’s Day. Wear clothes that can be stained or bring an apron.

20ART21
Tuesday, March 10, 2020
Lenox Community Center • Cafeteria
$17/Participant
6:30-8 p.m.
Instructor: Lindsay

Vibrant 3-D Spring Flowers
Give spring the POP of color winter was missing. Decorate 3-D spring symbols and then attach to a colorful board. Participates will paint, glue and add glitter as desired to create a spring decoration to spruce up any space!

20ART20
Tuesday, April 7, 2020
Lenox Community Center • Cafeteria
$19/Participant
6:30 p.m.-8:00 p.m.
Instructor: Virginia

Cheerful Spring Chicks
Spring brings baby animals and Easter! This painted wood chick, made from a 2x4 piece of wood, is a cheerful and cute addition to your decorations!

20ART18
Wednesday, April 8, 2020
Lenox Community Center • Cafeteria
$17/Participant
6:30-8 p.m.
Instructor: Diane

Hello Spring Flower Pot
Blossom with the spring flowers and put together this fun themed tulip and flower pot craft. This colorful display will brighten your living space all year long.

20ART23
Tuesday, April 28, 2020
Lenox Community Center • 115
$17/Participant
6:30-8 p.m.
Instructor: Virginia

Wonderful Wheelbarrows for Mom
Why buy a bouquet when you can give mom an entire wheelbarrow full of flowers? Paint and arrange a colorful display in a mini wheelbarrow for a special someone in your life. Blossoms brighten up any home and homemade gifts are the most appreciated! Participants will make the gift and an accompanying card.

20ART24
Tuesday, May 5, 2020
Lenox Community Center • Cafeteria
$19/Participant
6:30-8 p.m.
Instructor: Virginia
**Let’s Talk with Linda**

Calling all young adults (age 30 and under) who are new to navigating adulthood! Do you have questions that you wish you could discuss in a safe and caring environment, with other young adults that are experiencing the same things? Then “Let’s Chat with Linda” might be right for you! We are offering a series of sessions where we will have lively conversation about a different topic each time. We will explore healthy practices in communications, behaviors and interpersonal interactions.

**ALL CLASSES:**
- **20CNT07:** Wednesday, January 15, 2020
  Ice breakers and getting to know each other
  $8/Participant
  6:30-8 p.m.
  Instructor: Linda
  MCEC • 212

- **20CNT08:** Wednesday, February 19, 2020
  Loneliness and Shyness

- **20CNT09:** Wednesday, March 11, 2020
  Anger and Frustration

- **20CNT10:** Wednesday, April 15, 2020
  Building meaningful relationships with friends, caregivers and family

**Seeking Serenity**

Relax? How do I do that? Join us for a Saturday workshop to find out. Designed for young adults to explore and define ways to increase happiness, achieve peace and implement positive self-care. Step one in increasing happiness is signing up! Each participant will receive a journal to help start their journey at the end of class.

**20CNT16**
- Saturday, April 25, 2020
  Lenox Community Center • 115
  $12/Participant
  $7/Staff-lunch only
  11 a.m.- 2 p.m.
  Instructor: Linda

**Wondrous World Cultures and Eats**

Learn about different countries cultures and foods. Explore how people from around the world live, what they experience and how they celebrate holidays! Every class will include a craft and a yummy food to eat from the country.

**20CNT15:** Wednesday, January 22, 2020
- China
  MHS • FACS Lab
  $19/Participant
  6:30-8 p.m.
  Instructor: Diane

- **20CNT12:** Tuesday, February 18, 2020
  France
  Lenox Community Center • Cafeteria

- **20CNT17:** Wednesday, March 18, 2020
  Ireland
  Lenox Community Center • Cafeteria

- **20CNT13:** Tuesday, April 14, 2020
  Poland
  Lenox Community Center • Cafeteria
Soup Swap
Come out of the cold and cook to warm up! Prepare four different types of soups. Sample your final scrumptious soups with bread and dessert and take home one soup to enjoy later!

20COOK06
Monday, January 20, 2020
MHS • FACS LAB
$22/Participant
6:30-8 p.m.
Instructor: Diane

Sweets for your Sweetheart
Oh, you are so sweet to take the time to make some Valentine’s inspired goodies for a special friend in your life. We will make a variety of desserts, package to share with others and taste our treats as well.

20COOK05
Thursday, February 6, 2020
MHS • FACS LAB
$22/Participant
6-8 p.m.
Instructor: Staff

Colorful Cake Pop Creations
Transform ordinary cake into flavorful balls of fun! It’s National Cake Pop Day and to celebrate we will make a variety of uniquely decorated and flavored designs to enjoy in class and take home to share with family and friends.

20COOK08
Tuesday, March 24, 2020
MHS • FACS LAB
$17/Participant
6:30-8 p.m.
Instructor: Staff

Spring Bake & Take
Boot those Winter Blues out the door and celebrate spring by creating delicious cookies and treats at our Spring Bake & Take. Prepare several different fun eats by rotating stations. We will also eat some of our creations in class and you can take treats home in provided bags.

20COOK07
Monday, April 6, 2020
MHS • FACS LAB
$22/Participant
6:30-8 p.m.
Instructor: Staff
LET'S EXPLORE

Chanhassen Dinner Theatres presents The Music Man

76 Trombones lead our way into River City Iowa's trouble. Sit back and enjoy a meal and a performance full of upbeat music and laughs. Just be careful not to get conned by Professor Harold Hill along the way.

20RL22
Saturday, March 21, 2020
Chanhassen Dinner Theatre
$70/Participant/Staff
11 a.m.-3:30 p.m.
Instructor: Diane

Fiddler on the Roof

The matchmaker wants to match you up with the perfect performance of the Fiddler on the Roof! Its tradition for Project SOAR to attend great Theatre performances and this show is no exception. Join Tevye and his family as they entertain us with the songs and the history in their town of Anatevka. Registration deadline is April 20th.

20RL40
Friday, May 8, 2020
Arts Center on 7
MHS • Main Stage
$19/Participant/Staff
7:30-10 p.m.
Instructor: Diane

Ice Cream Social: Winter Catalog Kick-Off

Ready for warm summer days? Us too! Join us for an old-fashioned ice cream social to celebrate the upcoming season of sun and fun with Project SOAR! We will play some games, experience a mini-class project and connect with friends. The fabulous DJ Kevin (Ray of Sunshine) will once again entertain us with his music. Lots of great door prizes throughout the evening - don't miss out on all the fun and be one of the first to see our exciting new Summer 2020 catalog.

20RL47
Wednesday, April 22, 2020
Lenox Community Center • Cafeteria
$6/Participant/Staff
$7/Dairy-Free
6:30-8 p.m.
Instructor: Staff
**BINGO**

BINGO, BINGO! Gather your friends and neighbors and join us for our popular Friday night BINGO! Prizes galore! A snack and a pop are included in the fee. Snack and pop available for staff at an additional charge.

**ALL CLASSES:**

20RL34: Friday, January 10, 2020  
20RL35: Friday, February 21, 2020  
20RL36: Friday, March 8, 2020  
20RL37: Friday, April 24, 2020  
20RL38: Friday, May 8, 2020  
Lenox Community Center • Cafeteria

**Pizza, Pins & Pop @ Park Tavern**

Spend your Sunday Funday at Park Tavern bowling with friends. Two hours of unlimited bowling, shoe rental, pop and pizza all available in this packaged deal, but picks what suits you best with our options below. Bowling is for participants only but staff can purchase the food option if desired & help out during bowling.

**ALL CLASSES:**

20RL41: Sunday, January 12, 2020  
20RL42: Sunday, February 9, 2020  
20RL43: Sunday, March 15, 2020  
20RL44: Sunday, April 19, 2020  
Park Tavern

**Game Night Out**

Enhance your Wednesday nights with fun and games! Gather together with friends that love games. We will meet at Park Tavern to play board games and cards. Bring your favorite from home and help us learn new games. Enjoy refreshing beverages provided by Project SOAR; bring funds if you wish to purchase food

**ALL CLASSES:**

20RL23: Wed., January 22, 2020  
20RL24: Wed., February 26, 2020  
20RL25: Wed., March 18, 2020  
20RL26: Wed., April 15, 2020  
Park Tavern

**Pizza, Pop & a Picture Show**

Start your weekend early! Grab some friends and join us for this very popular event. Come and watch a recently released movie and dine on pizza, pop and a treat. We would love to have you!

**ALL CLASSES:**

20RL30: Friday, January 24, 2020  
20RL31: Friday, February 14, 2020  
20RL32: Friday, March 13, 2020  
20RL33: Friday, April 17, 2020  
MCEC
Valentine's Dinner Date with Friends

You are cordially invited to celebrate friendship and love with us at our annual SOAR Valentine's Dinner. Enjoy an Italian dinner and entertainment provided by our DJ Ray of Sunshine. Wear an outfit you love and enjoy a night with those you love to be with.

20RL76
Wednesday, February 12, 2020
Lenox Community Center • Cafeteria
$25/Participant/Staff
Instructor: Staff

Tacos & Tunes

Taste and twist the night away. Eat tacos, socialize with friends, sing some tunes and dance the night away. Party with our favorite DJ Ray of Sunshine. A twist on our classic Karaoke (Singing not required.) Staff only need to pay if they want to eat tacos.

20RL39
Monday, March 9, 2020
MCEC • Studio 20
$17/Participant
$7/Staff food
6:30 p.m.-8 p.m.
Instructor: Sonia & Ray of Sunshine

Spa Night: Spring Sparkles

Are your nails ready to take on Spring Break? Give your nails that spark of color and enjoy relaxation. In this spa experience which includes a face mask, hand care, manicure and snacks. Gentlemen need nail care too, and are always welcome. We ask that staff stay for this event.

20RL46
Thursday, March 26, 2020
Lenox Community Center • 113
$17/Participant
6:30-8 p.m.
Instructor: Staff

Eggs-travaganza and Dance

Celebrate Spring and Easter the SOAR way with friends and fun! This event will include games, a craft, egg hunt, photo booth and a dance floor with our DJ Ray of Sunshine.

20RL45
Thursday, April 9, 2020
MCEC • Gym
$15/Participant
$5/Staff
6:30-8 p.m.
Instructor: Staff
CELEBRATE HEALTH & HAPPINESS

Project SOAR programs designed to help you ignite and maintain your personal wellness. Be active with your body and your mind.

MIND:
- Wondrous World
- Cultures
- Let’s Talk with Linda

BODY:
- Laughter Yoga
- Health Rhythms
- Beach Ball Soccer Saturdays

EGGS-TRAVAGANZA & DANCE
Craft, Egg Hunt, Snacks, Photo Booth & Dance with DJ Ray of Sunshine

THURSDAY, APRIL 9TH
6:30-8PM
MCEC Gym

PROJECT SOAR PINS
For every 10 pins collected you earn a prize!

Earn them by attending select classes, trips, events and programs.
Each pin will have its own unique design.
13 pin opportunities per catalog
Who will have the biggest collection?
LET'S THRIVE IN OUR LIVES

Beach Ball Soccer Saturday

Game on! Develop or show off your soccer skills. Mostly have fun! Tell a friend and come out to play soccer with us. Open to all abilities and skill levels. Sign up for BOTH classes and receive a SOAR soccer shirt! This is a great way to start and end February--by moving your muscles.

ALL CLASSES:
20HF05: Saturday, February 1, 2020
20HF06: Saturday, February 29, 2020
Lenox Community Center • Gymnasium

$9/Participant
$18/Both Classes w/Shirt
10-11:30 a.m.
Instructor: Staff
☐ Love it!
☐ Maybe
☐ No, thanks!

Laughter Yoga: Laughing your way to health

Laughter is the best medicine! Our Instructor will lead you through a Laughter Yoga session with various laughter exercises to decrease stress and boost your mood. Learn what laughter yoga is, explore the benefits and understand how it affects the system. No yoga experience or yoga mat needed!

ALL CLASSES:
20HF03: Wednesday, March 4, 2020
20HF04: Wednesday, April 29, 2020
Lenox Community Center • Cafeteria

$10/Participant
6-7:30 p.m.
Instructor: Monica
☐ Love it!
☐ Maybe
☐ No, thanks!

Health Rhythms: Drumming for your Health

Drumming and Fitness in one! In this class, you will learn about recreational drumming and music making, explore the benefits of drumming for health and gain understanding about how drumming may benefit your health. You will create your own simple rhythm instrument. No experience necessary, open to all! Bring a drum if you have one, but all instruments will be provided for class use.

ALL CLASSES:
20HF01: Wednesday, March 25, 2020
20HF02: Wednesday, May 13, 2020
Lenox Community Center • Cafeteria

$15/Participant
6-7:30 p.m.
Instructor: Monica
☐ Love it!
☐ Maybe
☐ No, thanks!

You are cordially invited to attend SOAR's Valentine's Dinner Date with Friends

Enjoy a catered meal, listen to live entertainment and be surrounded by friends

Wednesday, February 12th 6:30-8 pm Lenox Community Center $35 Participant/Staff
How to Register

1. Look through the catalog and check the classes you would like to take.
2. Find your classes in the class table to the right. Add up class costs for each month.
3. Add up all class costs and record your total fees due at the bottom of the page.
4. Fill out the Registration Form at the bottom of page 14 and choose one of four easy ways to register: online, mail, phone, or email. If you are mailing your registration, remember to make a copy to keep.

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<th>HOW TO REGISTER</th>
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<tr>
<td><strong>BY MAIL:</strong></td>
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<tr>
<td>Project SOAR</td>
</tr>
<tr>
<td>4584 Vine Hill Rd</td>
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<tr>
<td>Excelsior, MN 55331</td>
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<tr>
<td><strong>BY FAX:</strong></td>
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<tr>
<td>952-401-6805</td>
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<td><strong>BY PHONE:</strong></td>
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<td>952-401-6898</td>
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<td><strong>ONLINE:</strong></td>
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| Visit www.projectsoarmn.org
| www.minnetonkacommunityed.org |

Class & Event Locations

Chanhassen Dinner Theatre
501 W 78th St, Chanhassen
The Music Man • Mar 21

Lenox Community Center
6715 Minnetonka Blvd., St. Louis Park
BINGO • Jan 10, Feb 21, Mar 6, Apr 24, May 8
Painting with Partners • Jan 28
Beach Ball Soccer Saturday • Feb 1, Feb 29
Cupid's Valentine Crafterganza • Feb 4
Valentines Dinner Date with Friends • Feb 12
Wondrous World Cultures and Eats-France • Feb 18
Luck of the Leprechaun Make and Takes • Mar 2
Laughter Yoga • Mar 4, Apr 29
Rainbow Tye Dye Totes • Mar 10
Health Rhythms • Mar 25, May 13
Spa Night: Spring Sparkles • Mar 26
Vibrant 3-D Spring Flowers • Apr 7

Lenox Community Center (continued)
Cheerful Spring Chicks • Apr 8
Wondrous World Cultures and Eats- Poland • Apr 14
Ice Cream Social: Winter Catalog Kick-Off • Apr 22
Seeking Serenity a Workshop • Apr 25
Hello Spring Flower Pot • Apr 28
Wonderful Wheelbarrows for Mom • May 5
Health Rhythms • May-20

Minnetonka Community Education Center
(MCEC)
4584 Vine Hill Rd., Deephaven
Let's Talk with Linda • Jan 15, Feb 19, Mar 11, Apr 15
Pizza, Pop & a Picture Show • Jan 24, Feb 14, Mar 13, Apr 17
Rosy Wreath • Jan 29
Fuzzy Fleece Heart Pillows • Feb 13
Tacos & Tunes • Mar 9
Eggs-travaganza and Dance • Apr 9

Minnetonka High School
18301 Highway 7, Minnetonka
Soup Swap • Jan 20n
Wondrous World Cultures and Eats-China • Jan 22,
Sweets for your Sweetheart • Feb 6
Colorful Cake Pop Creations • Mar 24
Spring Bake & Take • Apr 6
Fiddler on the Roof • May 8

Park Tavern
3401 Louisiana Ave S, St Louis Park
Pizza, Pins & Pop @ Park Tavern • Jan 12, Feb 9, Mar 15, Apr 19
Game Night Out • Jan 22, Feb 22, Mar 18, Apr 15

MEET THE PROJECT SOAR STAFF

Diane
Diane teaches arts, crafts, cooking and field trips/outings. She also enjoys helping out with other Project SOAR classes and activities.

Virginia
Virginia likes to teach all types of Project SOAR classes, but you’ll see her most often for arts/crafts, cooking and outings.

Jessica
Jessica has been a familiar face around Project SOAR for many years! She runs our popular BINGO and Pizza, Pins and Pop events.

Linda
Linda runs our popular Pizza, Pop and a Picture show monthly event. Be sure to join her for “Let’s Talk with Linda.”

Makayla
Makayla’s classes include cooking, Game Night Out and Spa Night. She enjoys helping out with arts/crafts and other classes.

Sonia
Sonia is a newer addition to Project SOAR, she assists with many classes, including arts and crafts.

Kari
Kari is a familiar face at our monthly BINGO event. She has been a long time Project SOAR instructor/assistant.
## JANUARY

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**AMOUNT DUE JANUARY CLASSES:**

## FEBRUARY

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<td>9-Feb</td>
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**AMOUNT DUE FEBRUARY CLASSES:**

## ICE CREAM SOCIALS

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<td>22-Apr</td>
<td>Ice Cream Social: Winter Catalog Kick-Off</td>
<td>20RL47</td>
<td>$6</td>
<td>DF $7 $6</td>
</tr>
</tbody>
</table>

**AMOUNT DUE:**

GF = Gluten Free  DF = Dairy Free  V = Vegetarian  D = Dinner  ND = No Dinner  WC = Wheelchair

**ICE CREAM SOCIALS:**

<table>
<thead>
<tr>
<th>DATE</th>
<th>CLASS/ACTIVITY</th>
<th>#</th>
<th>PARTICIPANT</th>
<th>STAFF</th>
</tr>
</thead>
<tbody>
<tr>
<td>3-Mar</td>
<td>Luck of the Leprechaun Make and Takes</td>
<td>20ART22</td>
<td>$22</td>
<td></td>
</tr>
<tr>
<td>4-Mar</td>
<td>Laughter Yoga</td>
<td>20HF03</td>
<td>$10</td>
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<tr>
<td>6-Mar</td>
<td>BINGO</td>
<td>20RL36</td>
<td>$6</td>
<td></td>
</tr>
<tr>
<td>9-Mar</td>
<td>Tacos &amp; Tunes</td>
<td>20RL39</td>
<td>$17</td>
<td></td>
</tr>
<tr>
<td>10-Mar</td>
<td>Rainbow Tye Dye Totes</td>
<td>20ART21</td>
<td>$17</td>
<td></td>
</tr>
<tr>
<td>11-Mar</td>
<td>Let’s Talk with Linda</td>
<td>20CNT09</td>
<td>$6</td>
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</tr>
<tr>
<td>13-Mar</td>
<td>Pizza, Pop &amp; a Picture Show</td>
<td>20RL32</td>
<td>$12</td>
<td>$15/GF $12</td>
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<tr>
<td>15-Mar</td>
<td>Pizza, Pins &amp; Pop @ Park Tavern</td>
<td>20RL43</td>
<td>$17</td>
<td>$13/Food $9/Bowl $13</td>
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<tr>
<td>18-Mar</td>
<td>Wondrous World Cultures and Eats-Ireland</td>
<td>20CNT17</td>
<td>$19</td>
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</tr>
<tr>
<td>21-Mar</td>
<td>Chanhassen Dinner Theatre presents the Music Man</td>
<td>20RL22</td>
<td>$70</td>
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</tr>
<tr>
<td>24-Mar</td>
<td>Colorful Cake Pop Creations</td>
<td>20COOK08</td>
<td>$17</td>
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<tr>
<td>25-Mar</td>
<td>Health Rhythms: Drumming for your Health</td>
<td>20HF01</td>
<td>$15</td>
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</tr>
<tr>
<td>26-Mar</td>
<td>Spa Night: Spring Sparkles</td>
<td>20RL46</td>
<td>$17</td>
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</table>

**AMOUNT DUE MARCH CLASSES:**

## APRIL

<table>
<thead>
<tr>
<th>DATE</th>
<th>CLASS/ACTIVITY</th>
<th>#</th>
<th>PARTICIPANT</th>
<th>STAFF</th>
</tr>
</thead>
<tbody>
<tr>
<td>6-Apr</td>
<td>Spring Bake &amp; Take</td>
<td>20COOK07</td>
<td>$22</td>
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<tr>
<td>7-Apr</td>
<td>Vibrant 3-D Spring Flowers</td>
<td>20ART20</td>
<td>$19</td>
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<tr>
<td>8-Apr</td>
<td>Cheerful Spring Chicks</td>
<td>20ART18</td>
<td>$17</td>
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<tr>
<td>9-Apr</td>
<td>Eggs-travaganza and Dance</td>
<td>20RL45</td>
<td>$15</td>
<td>$5</td>
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<tr>
<td>14-Apr</td>
<td>Wondrous World Cultures and Eats-Poland</td>
<td>20CNT13</td>
<td>$19</td>
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</tr>
<tr>
<td>15-Apr</td>
<td>Let’s Talk with Linda</td>
<td>20CNT10</td>
<td>$8</td>
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<tr>
<td>15-Apr</td>
<td>Game Night Out</td>
<td>20RL26</td>
<td>$7</td>
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<tr>
<td>17-Apr</td>
<td>Pizza, Pop &amp; a Picture Show</td>
<td>20RL33</td>
<td>$12</td>
<td>$15/GF $12</td>
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<tr>
<td>19-Apr</td>
<td>Pizza, Pins &amp; Pop @ Park Tavern</td>
<td>20RL44</td>
<td>$17</td>
<td>$13/Food $9/Bowl $13</td>
</tr>
<tr>
<td>22-Apr</td>
<td>Ice Cream Social: Winter Catalog Kick-Off</td>
<td>20RL47</td>
<td>$6</td>
<td>$7/DF $6</td>
</tr>
<tr>
<td>24-Apr</td>
<td>BINGO</td>
<td>20RL37</td>
<td>$6</td>
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</tr>
<tr>
<td>25-Apr</td>
<td>Seeking Serenity</td>
<td>20CNT16</td>
<td>$12</td>
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</tr>
<tr>
<td>28-Apr</td>
<td>Hello Spring Flower Pot</td>
<td>20ART23</td>
<td>$17</td>
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<tr>
<td>29-Apr</td>
<td>Laughter Yoga</td>
<td>20HF04</td>
<td>$10</td>
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**AMOUNT DUE APRIL CLASSES:**

## MAY

<table>
<thead>
<tr>
<th>DATE</th>
<th>CLASS/ACTIVITY</th>
<th>#</th>
<th>PARTICIPANT</th>
<th>STAFF</th>
</tr>
</thead>
<tbody>
<tr>
<td>5-May</td>
<td>Wonderful Wheelbarrows for Mom</td>
<td>20ART24</td>
<td>$19</td>
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</tr>
<tr>
<td>8-May</td>
<td>Fiddler on the Roof</td>
<td>20RL40</td>
<td>$19 $19</td>
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</tr>
<tr>
<td>8-May</td>
<td>BINGO</td>
<td>20RL38</td>
<td>$6</td>
<td></td>
</tr>
<tr>
<td>13-May</td>
<td>Health Rhythms: Drumming for your Health</td>
<td>20HF02</td>
<td>$15</td>
<td></td>
</tr>
</tbody>
</table>

**AMOUNT DUE MAY CLASSES:**

**TOTAL FEES DUE:**

**Participant Name:** ____________________________
POLICIES/REGISTRATION FORM

Participant Expectations & Staff/Family Expectations
Project SOAR wants to ensure everyone’s safety and enjoyment of an activity or class. We are asking that everyone show respect and be supportive of each other. Be respectful of the facilities we use for classes and activities. If participants fail to follow these expectations, Project SOAR staff will discuss the situation with the involved parties and include family/home staff or other individuals if needed. If similar issues continue, participants will not be permitted to attend any Project SOAR activity or class for a period of time. In order for the participant to gain re-entry into the program, they have to demonstrate they can act properly in this setting again, as determined by the Project SOAR Program Manager. Staff or Family members are expected to actively provide the needed support and assistance to the participant throughout the class or activity. They should assist with any behavioral issues and with bathroom breaks, when necessary. Staff/Family members should refrain from talking or texting on their cellphone during class, unless it is an emergency. Staff/Family members should be seated adjacent to the participant so that assistance can be granted when needed.

Participant Assistance Requirements
Participants requiring assistance with their personal, physical and behavioral needs must provide their own staff or assistant. Examples of people needing support include: People unable to do tasks to complete a project or follow directions; people who don’t stay with the group and wander away; people who are unable to find and use the bathroom on their own; people unable to prepare food; people who cannot find their way in a building and through crowds at an event; and people whose behavior is disruptive, rude to others or violent in any way.

Instructor’s Responsibilities
Project SOAR instructors are there to instruct and provide a fun and positive experience for all participants. They do not provide one-on-one individual personal, physical or behavioral assistance to participants. If there is a medical emergency and no staff or family are present, Instructors will call 911. All fees associated with the emergency will be the responsibility of the participant.

Participation Waiver
Participants registered for a Project SOAR class, activity or event release Minnetonka Community Education and any other organizations, cities or individuals associated with this program from any responsibility for injuries or damages that the Participant may sustain as a result of their participation.

No Shows & Arriving on Time & Drop Off
Please do not register for classes or activities unless you know you can attend. Registration substitutions are permitted, but you must notify Project SOAR at least 24 hours before the class/activity. Please be prompt in arriving at a class or activity. Participants that arrive at a class/activity 30 minutes after the start time, may not be permitted to complete all projects or participate in the activities or the event. Sit quietly while the Instructor continues to prepare the room for the class/activity. In the event that no participants show up for a class/activity, the Instructor will leave 30 minutes after the scheduled start time. When a non-supervised individual is dropped off for an activity (as defined in this policy) check in with the Project SOAR Instructor to verify pick-up time. Ensure the participant has emergency contact information with them. At the end of the class/activity, they must inform the Instructor when they have safely picked up a participant. If a participant can wait for their ride unaccompanied by Project SOAR staff, that should be indicated when participant is dropped off.

School Rules
All Project SOAR classes and activities are school sponsored; therefore, there is absolutely no smoking, alcohol or drug use permitted during any Project SOAR classes or activities. This applies to participants, staff/assistants, family and drivers.

Register Early
You must register for all classes except BINGO. Most classes have limited enrollment and registrations are accepted on a first-come, first-served basis. Participants will not be put on the class roster until the class fee is received.

Class Cancellation & Withdrawal
If there is a change in the date/location of the class, or if the class is canceled, Project SOAR will notify participants via email and/or phone as provided on the registration form. In order to qualify for a refund when a class is canceled, participants must call or email Project SOAR at least 3 business days prior to the scheduled class. EXCEPTION: Withdrawal/Cancellation of a registration for an activity/outing which requires the purchase of a ticket/space, will only be permitted 2 weeks prior to the event date.

Inclement Weather
If the Project SOAR class is held in a School District which is closing, it will be canceled and rescheduled. Participants will be notified by email and/or phone of the cancellation and rescheduled date, if available. If the Participant is unable to attend the rescheduled class, they will be granted a refund credit.

Refund Policy
If Participant is eligible for a refund, and registered with a credit card, a credit will be put back on that card. If cash/check was used, a credit will be placed on their Project SOAR account to be used for future registrations. Credits must be used within one year of issue date.

REGISTRATION FORM

<table>
<thead>
<tr>
<th>PARTICIPANT’S NAME</th>
<th>Wheelchair user_______ Walker user________</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIRTH DATE</td>
<td>GENDER</td>
</tr>
<tr>
<td>ADDRESS</td>
<td></td>
</tr>
<tr>
<td>CITY</td>
<td>STATE</td>
</tr>
<tr>
<td>PHONE</td>
<td></td>
</tr>
<tr>
<td>AGENCY HOUSE (IF APPLICABLE)</td>
<td></td>
</tr>
<tr>
<td>AGENCY/HOUSE PHONE (IF APPLICABLE)</td>
<td></td>
</tr>
<tr>
<td>Best way to contact:</td>
<td>Phone Email</td>
</tr>
<tr>
<td>Send registration confirmation to (email):</td>
<td></td>
</tr>
</tbody>
</table>

Photo Consent: Yes_______ No_______
Dietary restrictions or other needs:________
Check #_________ Credit card voucher _________
Name (as it appears on credit card):________
Credit card #:________
Expiration date: ____________
Billing address: ____________
Would you like tuition assistance? Yes_______ No_______
PROJECT SOAR COLORING CONTEST

Send us your coloring page for a chance to be featured on our Facebook page and enter your name for a Project SOAR gift certificate drawing. Entries must be received by March 10, 2020.

Mail to: Project SOAR Coloring Contest/MCEC
4584 Vine Hill Road, Deephaven, MN 55331

Name:
Address:
View catalog & register online at:
www.projectsoarmn.org or
www.minnetonkacommunityed.org